

# MINDFUL ECO THERAPY SPRING RETREATS



13 April & 11 May 2025 10:15am-4.30pm

*At The Glade - Community Venue, in the still ambience of  
North Woods, Dartington Estate, Totnes, Devon, TQ9 6NS*

Day Retreats programme for the benefit of the Community Health and Wellbeing, created and facilitated by Daniela Coronelli, of 'Eco Life Wellness', in collaboration with 'Woods for Wellness'



“Look at a tree, a flower, a plant. Let your awareness rest upon it. How still they are, how deeply rooted in Being. Allow nature to teach you stillness”  
~ Eckhart Tolle

**DATE: 13 APRIL 2025 (10:15am - 4:30pm)**

**COST (7 places): £40**

**Low Income Cost (5 places) £15-£30**

**Max number of places: 12 & Minimum number: 6**

**MORE INFORMATION & BOOKING:**

<https://www.ecolifewellness.org/mindful-by-nature-day-retreats>

**Contact: Daniela Coronelli**

**Email: [EcoLW.info@gmail.com](mailto:EcoLW.info@gmail.com)**

*or Book Direct on Eventbrite:*

[www.eventbrite.co.uk/e/mindful-ecotherapy-day-retreats-tickets-1077266807019](http://www.eventbrite.co.uk/e/mindful-ecotherapy-day-retreats-tickets-1077266807019)

